Food Resources 101
Philadelphia City Council
Thursday, March 8, 2018
1. Welcome/Introductions
2. Overview of Hunger in Philadelphia
3. Responses to Hunger
   – Federal Nutrition Programs
   – Emergency/Supplemental Food System
4. Additional Local Programs
5. How Council can support anti-hunger efforts
6. Q&A
7. Closing and adjourn to resource fair
The Scope of Hunger – Philadelphia

- **21%** of residents are food insecure. That’s **325,940**, or about **1 in 5**, people.

- **20.9%** of children are food insecure. That’s **72,310**, or about **1 in 5**, kids.

Kathy Fisher, Policy Director
www.hungercoalition.org
Hunger – Why Should You Care?

Hunger is:

A **health issue** - Hunger & food insecurity:
- Increased illness costs by $130.5 billion nationwide annually
- Cost Pennsylvania an estimated $6 billion annually

An **education issue** - Children experiencing hunger are:
- 50% more likely to repeat a grade
- 60% more likely to miss school
- Twice as likely to be suspended
- Twice as likely to require special education

A **workforce issue** – Workers and employers face:
- Decreased productivity and missed days of work
- Disruptions to stability (both family and workforce stability)
Food insecurity puts people at high risk for long term health conditions:

- Hypertension
- Diabetes
- Obesity

Managing health conditions requires a balance – and difficult choices – between food and medical care. The stress of scarce resources also negatively impacts health.
Federal Nutrition Programs

These programs are:

• Federally funded, state administered, and locally implemented

- SNAP: Supplemental Nutrition Assistance Program (food stamps)
- WIC: Special Supplemental Nutrition Program for Women, Infants, and Children
- SFSP: Summer Food Service Program
- National School Lunch and School Breakfast Programs
- After-school meals
- CACFP: Child and Adult Care Food Program
- TEFAP: The Emergency Food Assistance Program
- CSFP: Commodity Supplemental Food Program
“SNAP” = #1 Defense Against Hunger

“SNAP” - Supplemental Nutrition Assistance Program (food stamps) is the nation’s largest nutrition program

SNAP Hotline: 215-430-0556

- Screen for eligibility
- Provide application assistance, advice, and case management,
- Refer to other food resources

[Graph showing Philadelphia SNAP Participants from Jan-12 to Jan-17]
SNAP is Critical for Philadelphia

SNAP not only helps participants, but also:
• Retailers
• Landlords
• Utility companies
• Farmers
• Our entire economy

• In 2017, Philadelphians received an average of $65 million in SNAP benefits per month to help put food on the table

• Every $1 of SNAP benefits has an estimated $1.70 economic impact, which equated to $1.3 billion to the city’s economy in 2017

• Any cut to SNAP in this year’s Farm Bill is unacceptable and would cause greater hunger and hardship
“ABAWDs”

Able-bodied Adults (age 18-49) without dependents (a child in the household)

ABAWDs can receive just 3 months of SNAP benefits in a 3 year period unless they:

- Work or participate in a work program at least 20 hours/week
- Are in school or training at least half-time
- Qualify for a medical or other “exemption”
- Volunteer/perform community service for 26 hours per month
- Live in an area that is “waived” due to high unemployment (Philadelphia is a waived area)
- Nearly 39,000 Philadelphians are “ABAWDs”
- Waivers are at risk at both the federal and state levels, meaning the 3-month time limit could apply statewide!
Charity can’t make up for funding cuts

- SNAP provides over ten times as many meals as Feeding America’s network of food banks across the country.

- If a program like SNAP is cut by even 10%, they would need to double or triple services just to keep up.
Emergency/Supplemental Food System

Share works with food pantries (including specialized pantries, school produce markets, providing food packages, and more)
Federal and State Support

• TEFAP – The Emergency Food Assistance Program
  – Vital to the food banks in our region and their ability to supply food pantries
  – Advocating for $350 million for TEFAP food; $100 million for TEFAP storage and distribution in FY2019 Fed. Budget

• SFPP: The State Food Purchase Program
  – Provides money to counties to purchase and distribute food to low-income individuals (150% poverty line).
  – Currently funded at $18.188 M. In the last decade, funding dropped and still has not been restored to its high of $18.75 M in FY06-07. Meanwhile the number of residents eligible for SFPP has grown by 35%, and food costs continue to rise.
  – Advocating for $21 M for SFPP in FY2019 State Budget
How We Work

Food Donations
- Farms
- Manufacturers & Importers
- Retailers & Wholesalers
- Community Food Drives

Philabundance
- Hunger Relief Center
- Support from Financial Contributors

The Community
- Network of Agencies
- Philabundance Community Kitchen
- Philabundance Direct Distribution Programs

People in Need
Direct Service Programs
Commodity Supplemental Food Program (CSFP, aka “Senior Boxes”)

- Provides income-eligible seniors age 60+ with a 30 pound box of nutritious food each month.

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CSFP Eligibility Limit, 2018

130% of Poverty

- Income limits are calculated as 130% of the Federal Poverty Guidelines.
Pennsylvania Agricultural Surplus System (PASS)

Currently funded through SFPP line item at $1 M

We are advocating for an increase to $5 M
Philadelphia Food Access Collaborative Goals

• Increase access to free food that is served in safe and dignified settings
• Improve the nutritional quality of food distributed at meal sites and pantries
• Increase access to social and health services through food providers
In 2016, surveyed meal providers:

- Served 879,892 meals
- At 35 sites in Philadelphia

2016 Collaborative Provider Survey

2016 Total Weekly Meal Times: 176
* 2015 Numbers are in Black

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Increase in Meals Served

From 2013 to 2016, 4,692 additional weekly meals have been added.

Between January and October 2016, Collaborative Meals and More sites served 24,780 meals.

104 organizations
559 volunteers trained
1,040 photo IDs distributed
11,000 lbs of food rescued in 8 days

Develop and Distribute meal schedules

Meal Guest Characteristics

Home neighborhoods of meal guests
1. Center City (48%)
2. North Philadelphia (25%)
3. West Philadelphia (7%)

Most common medical conditions
1. High Cholesterol (40%)
2. Asthma (17%)
3. Diabetes (17%)

Most Missed Meals

139 of 221 respondents stated they had NOT missed a meal in the past week.
Free Meals

CENTER CITY

Broad Street Ministry ⚠ 215 735-4847: 315 S Broad Street
Mon. 8:00 am - 9:00 am
Tue. & Wed. 4 - 5:30 pm
Wed. - Thurs. 8 am - 3:30 pm
Fri. 11:30 pm - 1:30 pm
Sat. 11:30 am - 12:30 pm

Chosen 300 ⚠ 215 705-9800: 1110 N Broad Street
Mon. - Wed. 6 - 7:30 pm
Sat. 5 - 7:30 pm
Sun. 10 am - 12 noon

Old St. Joe's Church ⚠ 215 923-1733: 321 Willing's Alley
Mon. - Thurs. 10 am - 12:30 pm

St. John's Hospice ⚠ 215 583-7783: 2211 Race Street
Mon. & Fri. 12 pm - 4 pm
Tue. - Thurs. 12 noon - 1 pm

St. Mark's ⚠ 213 733-1410: 1023 Locust Street
Sat. 7 - 9 am

Sunday Breakfast RM ⚠ 215 552-6800: 302 N 13th Street
Sun. 7 am - 12 pm, 4:30 pm

Sunday Love Project ⚠ 1904 Walnut Street
Mon. 10 am - 12 pm, Sun. 5 - 7 pm

New Life Recovery Learning Center ⚠ 267 507-3520: 3110 N Broad Street
Mon. - Sat. 7 - 7 pm

The Perimeter ⚠ 215 922-5400: 217 N 4th Street
Mon. - Fri. 8 am - 1 pm

Philadelphia Fight ⚠ 215 685-4851: 1233 Locust Street
Mon. 1 - 5 pm

SOUTH PHILADELPHIA

Philadelphia Senior Center ⚠ 215 548-5870: 509 S Broad Street
Mon. - Fri. 11 am - 12:45 pm

Tindley Temple ⚠ 215 735-3442: 750 South Broad Street
Mon. & Wed. 11 am - 12:30 pm

Muslims Serve ⚠ 215 248-4488: 1251 Point Breeze Avenue
Sun. 10 am, 1st & 3rd Sat. 12 pm

Old Pine Community Center ⚠ 215 627-2493: 401 Lombard Street
Mon. - Fri. 12 noon - 1 pm
Sun. 7:30 - 9:30 pm

NORTH PHILADELPHIA

Bethel Presbyterian Church ⚠ 215 228-3328: 1000 W York Street
Sat. 4 - 6 pm

Bright Hope Baptist ⚠ 215 232-2066: 1001 N 12th Street
Mon. - Thurs. 6 - 8:45 pm

Church of the Advocate ⚠ 215 678-8000: 1801 Diamond Street
Mon. - Fri. 11 am - 2 pm

Helping Hand Rescue Mission ⚠ 215 627-1658: 610 N 6th Street
Sun. 1 pm

Devon Memorial ⚠ United Methodist Church ⚠ 215 221-3509: 2527 W Allegheny Avenue
Wed. 12 noon - 1:30 pm

Mt. Olive Holy Temple ⚠ 215 785-3372: 1469 N Broad Street
Tue., Wed., Thurs. 12 noon - 2 pm
Sun. 2:30 pm - 4:30 pm

Mt. Tabor AME Church ⚠ 215 574-1319: 601 N 7th Street
Mon. 12 - 1 pm, Thurs. 12 - 1:30 pm

St. Francis Inn ⚠ 215 423-5455: 2451 Kensington Avenue
Mon. - Thurs. 4:30 - 8:30 pm
Fri. - Sun. 11:30 am - 3:30 pm

Our Brother's Place Shelter ⚠ 215 965-1600: 906 Hamilton Street
Mon. 12 - 1 pm

GERMANTOWN

Face to Face ⚠ 215 348-0178: 109 East Passyunk Avenue
Mon., Fri. Sat. & Sun. 12:15 - 1:30 pm

St. Luke's Episcopal Church ⚠ 215 844-8544: 5241 Germantown Avenue
Mon. 9 - 11 am, Thurs. 4:30 - 8:30 pm
Sat. 12 noon - 2 pm

Homay Tomba Christian Methodist Church ⚠ 215 848-2210: 5365 Germantown Avenue
Sun. 9 am & Tue. 11 am - 1 pm

As of 1/24/18
Meals and More Program

In 2017, 8 meal sites:

• Served 25,252 meals
• Provided 9,344 onsite services such as showers and case management
• Made 2,773 referrals to guests to offsite services including employment and drug and alcohol rehabilitation services
WHAT WE DO

The Program
Access to Healthy Foods
Developing Cooking Skills
Community Gardening
Kitchen Assessments
Alumni and Peer Leadership

Our Families' Demographics

- Ethnicity:
  - Latino 46%
  - African American 33%
  - White/Other 21%
- 189 Families
- 670 Individuals
- Family Size:
  - 2-Person 32%
  - 3-Person 30%
  - 4-Person 17%
  - 5+Person 21%

87% of our families receive some kind of government assistance.
Impact

- Shared Family Meals: Prior to joining, 44.3%, After joining, 80%
- Sugary Drinks: Prior to joining, 60%, After joining, 29.6%
- Vegetable Consumption: Prior to joining, 38.6%, After joining, 75.7%
- Eat Fried Food: Prior to joining, 47.5%, After joining, 15.7%
- Fruit Consumption: Prior to joining, 52.8%, After joining, 72.8%

“At Sunday Suppers, you eat healthy stuff. Eating healthy makes you strong.” Samir, age 9

After participation, percentage of families reporting that they...

- Communicate More: 68%
- Get Along Better: 53%
- Feel More Supported: 70%
A Hunger-free Health Center model

Kelly Courts, Hans Kersten

St. Christopher’s Hospital for Children
Drexel University College of Medicine
Hunger-free Health Center Model

- **Screen** – FI and other determinants of health
- **Provide** families resources
- **Educate** faculty, staff and community
- **Advocate** for patients/families
- **Care** - children/families with FI
Screen, Provide, Educate, Advocate, Care

Validated 2-item food insecurity screen

1. “Within the past 12 months we worried whether our food would run out before we got money to buy more”

2. “Within the past 12 months the food we bought just didn't last and we didn't have money to get more.”

DO YOU NEED FREE LEGAL HELP?

Welcome to the Center for Child and Adolescent Health (CCAH). We are committed to improving the health and well-being of our patients and their families. In our efforts to address the unmet needs of many of our families we have developed a relationship with a program called PhilaKids MLP. This program allows us to work together with lawyers in our office, in order to make sure that children and families get all the help that they might need.

Please complete this form to help us see if this program can help you. If any of the questions make you feel uncomfortable, please don’t answer them.

* * * * * Please hand the form to your nurse or doctor when completed. * * * * *

* Your answers are private *

**Today’s date: ____________________**

1. Housing/Utilities
   a) Do you have problems with your LANDLORD getting home repairs (mold, rodents, leaks)? Yes No (L)
   b) In the past 30 days, has your LANDLORD threatened to evict you or turn off utilities? Yes No (L)
   c) Have you received a shut off notice from any utility (gas, electric, water) in the past 30 days? Yes No (L)

2. Income/Insurance Supports
   a) Is there someone in your home who doesn’t have health insurance? Yes No (Consider MLP)
   b) Have you been denied in the past 90 days SSI for your child? Yes No (L)
   c) Have you been denied in the past 90 days Social Security benefits (SSI/SSD) for yourself? Yes No (L)
   d) Within the past 12 months we worried whether our food would run out before we got money to buy more. Yes No (Consider MLP)
   e) Within the past 12 months the food we bought just didn’t last and we didn’t have money to get more. Yes No (Consider MLP)
   f) Have you stopped getting food stamps, WIC or cash assistance? Yes No (L)

3. Education
   a) Do you have concerns about your child’s school or about your child’s learning needs? Yes No (S)

4. Legal Status
   a) Do you have any questions about your family’s immigration status? Yes No (L)

5. Personal and Family Safety and Stability
   a) Have you ever been hit, threatened, or abused by a boyfriend, girlfriend, or spouse? Yes No (L)
   b) Do you want information about separating from your spouse or getting a divorce? Yes No (L)
   c) Do you have concerns about child support or custody of your child(ren)? Yes No (L)

Total Annual Screens

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<td>2016</td>
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Screen, Provide, Educate, Advocate, Care

Greater Philadelphia Coalition Against Hunger
215-430-0556
www.hungryrevolution.org

Call our Hotline 215-430-0556 for free, confidential service to:
- Check your eligibility for SNAP (food stamps) and apply by phone
- Get help with problems with your benefits
- Find partner and other food programs in your area

FOR FAMILIES WITH CHILDREN
Maternity Care Coalition Provides teleforms and other services. 215-972-0268, www.maternal.org
Programs for children’s health screenings at various locations. 215-793-9800, www.pamc.org

FOR SENIORS OR PEOPLE AT NUTRITIONAL RISK DUE TO ILLNESS
Philadelphia Corporation for Aging: Provides meals at senior centers and delivers meals to eligible seniors. Great on seniors’ market vouchers at various locations. 215-725-2021, www.pcorp.org
All For Elders: Deliver meals to isolated homebound individuals. 215-444-2224, www.all4elders.org

FOOD AND NUTRITION SERVICES (ERS). Deliver meals to people at nutritional risk due to illness. Contact for free nutritional counseling. A referral is required from a medical care provider. 215-498-2600, 412-361-2777

Screen Food Program: Get 24 free for 20-30 plus 2 hours of community services. Accepts SNAP (food stamps) and “Senior” market vouchers. 215-223-3338, www.screensfoodprogram.org

Jewish Relief Agency (JRA): Delivers a free box of kosher food once a month, regardless of religious affiliation. Delivers monthly within 50 miles service area in Philadelphia and surrounding counties. 215-687-0100, www.jewishrelief.org

Produce: All Philadelphia Growing Project offers free produce year round; 215-243-0461, www.produce.org

Common Market
Your Trusted Source for Local Farm Food

Farm to Families
St. Christopher's Foundation for Children

St. Christopher’s Hospital for Children
3601 A Street, Philadelphia, PA 19134

RX Farm to Families

Please call:
St. Christopher’s Hospital for Children, Farm to Families Coordinator 215-437-3052
or St. Christopher’s Foundation for Children 215-566-1126

Community Partnership School
1400 W. Lehigh Street
Philadelphia, PA 19104

New Kensington CDC
1335 North 24th Street
Philadelphia, PA 19131

Norris Square Neighborhood Project
1200 S. 11th Street
Philadelphia, PA 19147

St. Christopher’s Hospital for Children
1400 W. Lehigh Avenue
Philadelphia, PA 19122

St. Phillips United Methodist Church
220 W. Passyunk Avenue
Philadelphia, PA 19147

KidsBites
a Philabundance initiative

GOOD FOOD, HEALTHY HOSPITALS Symposium

October 20th
Screen, Provide, **Educate**, Advocate, Care

- Educate staff
  - Teach students, residents
    - Develop web-based curricula
    - Use Sesame Street videos
      - New character - Lily
    - Use previously developed resources
      - [pne.oregonstate.edu/catalog/childhood-food-insecurity](pne.oregonstate.edu/catalog/childhood-food-insecurity)
  - Inform patients/community
Screen, Provide, Educate, Advocate, Care

https://secure.feedingamerica.org/site/Advocacy?page=homepage&page=UserRole&id=105&JServSessionIdr004=173qbk6v22.app207b
Screen, Provide, Educate, Advocate, Care

- Health Centers *care* for children
- Challenge is to comprehensively care for children
- Opportunity to SPEAC for children
Amanda De Leo, Special Projects Coordinator
Congregate and Home Delivered Meals
What are they and who can participate?

Congregate Meal Program
Senior Centers

Home Delivered Meals
In Home Support Program
– Home-bound seniors
Senior Farmer’s Market Nutrition Program

• Often called SFMNP
• Four $5 checks
• Program requirements
  – Participant requirements
  – Pennsylvania grown produce
• Distribution begins state-wide in June, ends September 30th
• Redeemable until November 30th
Hannah Chatterjee
FPAC Manager
Through Philly Food Finder, Philadelphians can:

- Look for neighborhood locations of:
  - WIC Offices
  - Senior Centers
  - Soup Kitchens
  - Food Pantries
  - SHARE Host Sites
  - Farmers’ Markets

- Get more information about:
  - Signing up for SNAP
  - Signing up for WIC
  - School and summer meals for kids

Each City Council District has a Philly Food Finder Guide!

Go to www.phillyfoodfinder.org for PDFs of each guide and Spanish translations (coming soon!)

PHILADELPHIA FOOD POLICY ADVISORY COUNCIL
Check out the online map tool!

www.phillyfoodfinder.org
It is incredibly important to keep all our nation’s nutrition programs available, accessible and adequate

Sign our petition at: https://hungercoalition.salsalabs.org/nocutstosnap/index.html

"I oppose any cuts to SNAP that lead to a loss of benefits for anyone currently enrolled, or that alter the requirements of the program, reducing access to those who may need this support in the future."

Other federal nutrition programs can help, but are underutilized:
  • School and after-school meals
  • Summer meals
  • WIC and CACFP